

ABSTRACT

There has been a problem that, in the case where a plurality of play list files are recorded in a record medium such as a CD-R, it is difficult to manage the play list files. A recording and reproducing system has a CD-RW medium for holding a plurality of play list files for storing a play list describing reproduction order of a plurality of data files, a file recording means of storing in a play list file menu file a play list file menu which is information for selecting a predetermined play list file, a menu definition file creating means, a controlling means of displaying play list file menu information on all or a part of the stored play list file menus and selecting the predetermined play list file according to an instruction, a reproduction instructing means, a file reproducing means, and a data file output means.